ttps://www.holycrosscubamo.org/

The Catholic Parishes of Crawford County March 22nd & 23rd, 2025



The parable of the fig tree reminds us that God calls us to bear fruit in our lives. We are the fig tree, the owner is God, and Jesus is the gardener, patiently nurturing us and offering grace so we may grow in faith and repentance.

	Mass Schedules:
	Holy Cross
Saturday 6:00 p.m.	Sunday 8:00 a.m. & 10:00 a.m.
Tuesday 8:30 a.m.	Wednesday 8:30 a.m. Friday 8:00 a.m.
Mass in Spanish: (e	every 1st & 3rd Sunday) at 11:30 a.m.
<u>St.</u>	Francis Caracciolo
Saturday 4:00 p.m.	Thursday 8:00 a.m.
	St. Michael
Surcancelder 0 a.m.	TIGANGELLED: 30 a.m.

March 23	- Lenten Communal Penance Service at 3 p.m.
March 25	- The Annunciation of the Lord
March 26	- Missouri Right to Life's annual lobby day at State Capital
April 1	 Pastoral Council Meeting at 6:30 p.m.
April 8	– Mass of Healing at Holy Cross at 10 a.m.
April 13	– Palm Sunday - beginning of Holy Week
April 15	- Chrism Mass at the Cathedral in Jefferson City 3 p.m.
April 17-19	– The Triduum
	Holy Thursday, April 17th - Institution of the Holy Eucharist
	Good Friday, April 18th – Passion of Jesus Christ
	Holy Saturday, April 19 th
Anril 20	– Faster Sunday – The Resurrection

Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m. Phone: (573) 885-3520 Fax: (573) 885-3501 Address: 415 W. School Ave., Cuba, MO 65453 Email: hccccuba@gmail.com Web: holycrosscubamo.org

Fr. Anthony (Tony) Onveihe: (573) 462-6522 aonyeihe@diojeffcity.org

S. Karen Thein SSND: (507) 514-3226 Deacon Chad Lewis: (573) 885-3520

Holy Cross School Office: Phone: (573) 885-4727 Email: holycrossschoolcuba@gmail.com Website: www.hcschoolcuba.org Principal, Melinda Osentoski:

holycross.osentoski@gmail.com

School Advisory Members:

Aminta Abdinova	Mike Kempf		
Alan Collins	Christy Moreland		
	Kathy Royal		

Parish Council Members:

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Jim Bathe	Mike Kempf			
Jerry Dubbelde	RuthAnn Kuethe			
Alice Engelbrecht	Esli Navarro			
Joe Howdeshell	Diane McCameron			
Don Hudson	Ruth Woodson			
Vicky Dunakey	Kayla Korte			
Finance Council Members:				

Larry Howdeshell	Donna Conduitt
Teresa Leicht	

Bishop McKnight's Monthly Prayer Intention:

"For a spirit of humility and repentance, that we may confess our sins and seek reconciliation in preparation for the Easter feasts. May our hearts be purified and opened to the grace of God. We pray to the Lord."

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



Ministry Scheduler Pro Go to this link to see the schedule: www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 3/24 – 3/30, 2025

,,,,,,,
25 H.C. Tues. 8:30 p.m For the Conversion of Souls
26 H.C. Wed. 8:30 a.m Fr. William Korte 🕆
27 St.F. Thurs. 8:00 a.m No intention requested
28 H.C. Fri. 8:00 a.m For All Clergy and Religious
29 St.F. Sat. 4:00 p.m Joe Lambing 🕆
29 H.C. Sat. 6:00 p.m Steve Siess (healing)
30 H.C. Sun. 8:00 a.m People of the parish
30 H.C. Sun. 10:00 a.m Knights and Ladies Auxiliary #8920 🕆

Parish Collections: March 15 & 16, 2025						
Parish	Envelopes		Loose		Total	
Holy Cross	\$4,156.00	+	\$505.00	=	\$4,661.00	
St. Michael	\$812.00	+	\$214.00	=	\$1,026.00	
St. Francis	\$358.00	+	\$503.00	=	\$861.00	



Mullen. Eugene Kempf, Joann Charlotte Vavra, Helen Mattox, Suzy Hutchins, Lona Pogue, Janet Lyons, Catherine DeClue, Julie Coster, Joyce,

Joe Kuenz, Cayden Richards, Mariana Weber, Don and Kaye Robertson, Dustin Drennan, Yazmin Viramontes, Carolyn Horsefield, James Happle Sr., Sandy Mowry, Aiden Leos, James Ray, Norbert Reinsch



OCIA (Order of Christian Initiation for Adults): The OCIA sessions in February are:



NO Class March 30 March 23 Please continue to pray for them as travel along their Faith journey into being fully initiated in the Catholic Church.

HOLY WEEK MINISTRIES:

The parish office will soon begin a new ministries' list for the month of April. This month includes Holy Week.

If you would like to participate in the ministries during Holy Week (including Palm Sunday), please contact the office by either phone or email.



Adoration: Every Wednesday



Adoration is every Wednesday after Mass to 3 p.m. There are weekly sign-up sheets at Holy Cross. You can sign up online at Ministry Scheduler Pro. What hour can you be before the Blessed Sacrament?

Come Help at the Friday Lenten Fish Fry:

The Lenten Fish Fries are every Friday from through



April 11th. Time: 4:30 – 6:30 p.m. Volunteer Sign-Up sheets: ARE IN THE ENTRANCE WAY OF THE **PARISHES.** When you arrive, ask

Norma Walls (in the kitchen) where you are needed.

Desserts Needed! Please bring a dessert each Friday to help make our Fish Fry a success.

First Fish Fry Results – Week 2:



Last Friday, despite the strong winds and incoming storm warnings, there were 362 dinners sold. (213 Adults, 17 Children, 132 Carry Out) Thanks to everyone that came to

work and those who came to enjoy the great food! Little Fun Fact – the most ever served at the fish fry was in 2017, where 590 dinners were sold! Last Year in 2024 the most sold was 516!

Chrism Mass at Jefferson City:



All are invited to the Chrism Mass at the Cathedral Church of St. Joseph, 2215 W. Main St., Jefferson City on Thursday, April 15th at 3 p.m. Refreshments will be available in Cana Hall after the Chrism Mass, RSVP at: diojeffcity.org/chrism-mass-rsvp/

Jubilee Year of Hope 2025



To celebrate the Jubilee Year of Hope the Catholic Parishes of Crawford County will distributed 2 pamphlets last weekend; "The Jubilee Year" and also "Walk through the Mass". The hope is to inspire and educate the faithful in both the Jubilee year and the Mass. These pamphlets were also shared digitally on FlockNote. If you

need a copy please let the office know!

To learn more about Diocesan Jubilee events and how you can participate, visit the Diocese's Jubilee webpage: diojeffcity.org/jubilee-year

Easter Flower Donation:



Please turn in your Easter Flower donation so it can be published in the bulletin. Use your envelope provided or put it in a marked envelope.

Welcome Deacon Rick!



Our parishes will officially welcome Deacon Rick on Sunday March, 30th with a small celebration after Mass. The Knights of Columbus and Ladies Auxiliary are providing donuts and refreshments in the Holy Cross Parish Hall

following the 10:00 a.m. Sunday Mass on March 30th!



Catholic Relief Service (CSR) Rice Bowls:



Pick up your family's CRS Rice Bowl. 75% of your donation supports work around the world, 25% of your donation stays within the parish for

our local food pantries. You can also put your donation in a zip lock bag or envelope with your name on it, marked 'Rice Bowl'. Turn in 'Rice Bowl' donations by Sunday, April 27th (the Sunday after Easter).

Mass of Healing:



OI

A Mass of Healing will be celebrated on April 8th at 10:00 a.m. During this Mass, the Sacrament of Anointing of the Sick will be celebrated with those that wish to be anointed. A light luncheon will follow in the parish hall. If you or someone you know would like to attend, please call the office

to help plan for the number of people for the luncheon.

The Church and Immigration



There have been many stories in the national media recently about our Church and its role in immigration into the United States. Listen to the Dioceses podcast as they explore this topic from the perspective of what's

happening in the Diocese of Jefferson City with help from Marissa Flores Madden, Director of Family Immigration Services at Catholic Charities of Central and Northern Missouri. diojeffcity.org/podcast

Prayers for Those Affected by the Storms:

On Friday night, severe storms with hail and strong winds



swept through our region, producing tornadoes and causing significant damage. Please keep all those affected in your prayers, especially our close friends in Rolla, as they begin the recovery process. May God bring them comfort,

strength, and the support they need in this difficult time.

Stations of the Cross:



Stations of the Cross are on Fridays at 1:00 p.m. The stations are led by the school children.

Holy Cross School End of the Year Celebration 2025

Holy Cross School will celebrate the end of the school year with an End-of-Year Celebration and celebrate the legacy



and history of Holy Cross School on May 16th! The evening will begin with a Mass at 5:00 p.m. followed by a catered dinner in the hall. This will be a wonderful opportunity to recognize the current students' achievements and to

share treasured experiences from former students, faculty, staff, and parishioners. All are encouraged to help spread the word about this special event! If you would like to attend, please do one of the following:

- Sign up on the Facebook event: https://www.facebook.com/events/609625235233313/?a context=%7B%22event_action_history%22%3A[]%7D
- · Or Send a message or call via phone or email so we can ensure an accurate headcount.

Everyone is welcome, especially our cherished former students and staff. Let's celebrate together!

Lenten Penance Services:



Priests will be available to hear confessions at the following locations:

Holy Cross, Cuba Sunday, March 23rd 3:00 p.m.

St. Patrick in Rolla Tues. March 25 7:00 p.m.



William H. (Bill) Simon and John L. Warack College Scholarships' applications are available on-line. They must be completed by March 26th. Please visit our diocese website: www.diojeffcity.org/scholarships for the application and complete details.

Cuba Knights of Columbus Scholarships

The Knights of Columbus Scholarships are available. Applications are at the entrance ways of the churches. Applications MUST be returned by April 15th. Mail the finished application to the Knights of Columbus or bring to the parish office.

Congratulations and Welcome:



We welcome into the Church family Whitlee Joan Rutz, Elsie Rene Rutz, and Dusty Aaron Rutz children of Adam and Jodi Rutz. They were baptized Saturday, March 1st at Holy Cross. Congratulations!



2025 Lenten Regulations:

Abstinence: Those 14 years and over are bound to abstain from meat on Ash Wednesday, all Fridays of Lent and Good Friday.

Fasting: Everyone ages 18 - 59, are bound to fast on Ash Wednesday and Good Friday. Fasting is generally understood to mean eating only one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. (Other recommended forms of fasting, could include limiting alcoholic drink, needless television, video games, internet use, and social entertainment.)

<u>Almsgiving</u> is the act of giving to the poor. Catholics are encouraged to support generously the charitable works of the whole Church.

<u>**Prayer</u>** is in order to deepen one's love for Christ, all are urged to attending daily Mass and frequenting the Sacrament of Penance / Reconciliation.</u>

Stations of the Cross:

One of our parishioners created a Stations of the Cross using Holy Cross Church! It is creatively made and is wonderful to use when praying the Stations at home.

Please check it out here:



Did you know about the number "40"???

- $\cdot\,$ Lent consists of the 40 days preceding Easter.
- \cdot 40 days of rain, at the time of the Great Flood
- Noah sending forth the raven after 40 days
- \cdot 40 days was the time required for embalming
- Moses spent three consecutive periods of "forty days and forty nights" on Mount Sinai: 40 days of fasting by Moses
- Goliath challenged the Israelites for forty days before David defeated him
- The prophet Elijah had to walk 40 days and 40 nights before arriving to mount Horeb
- Spies were sent by Moses to explore the land of Canaan (promised to the children of Israel) for "forty days"
- · Nineveh would be overthrown after 40 days
- 40 is the symbolism of the siege and exiles
- · Israelites wandering in the wilderness for 40 years
- · 40 years of peace in Israel
- 40 days Jesus spent in the wilderness being tempted by the devil.
- Christ appears for 40 days after the Resurrection -40 days was the period from the Resurrection of Jesus to the Ascension of Jesus.



A Lenten Prayer:

During this Lenten season, create a clean heart in me, God. Dust off the unmindful activity that constantly collects there. De-clutter my heart from harsh judgments and negativity. Wash away my resistance to working through difficult relationships. Rinse off my unloving so the beauty of my generous and kind heart can shine forth. Remove whatever keeps me from following in your

compassionate footsteps. Amen.

Missouri Right to Life's annual lobby day is Wednesday, March 26, 2025. Cindy Jones is working to arrange transportation from Rolla, either a carpool or van. Call or text Cindy at 573 259 7417 for more information.



- Join us at the Missouri Capitol March 26th to help us "Modify and Clarify" Amendment 3.
- Registration begins at 10:00am followed by a noon rally.
- Plans will be shared to "Modify and Clarify" Amendment 31

American Association of Pro-Life OB-GYN's (AAPLOG)



Susan Bane, MD, PhD, Vice Chair of AAPLOG

Dr. Susan Bane is a 1987 graduate of Atlantic Christian College, now Barton College. She has practiced obstetrics and gynecology for 25 years. She is the founder and CEO of PinkGlasses Consulting, providing health care consulting with a life-affirming vision and is currently the Regional Medical Director for four pregnancy centers in North Carolina. https://aaplog.org/about-us/aaplog-board/

Rebecca Weaver, Director of Advocacy and Policy for AAPLOG Action

Rebecca Weaver earned her bachelor's degree in Economics from Texas A&M University and her Master's of Public Service and Administration from the Bush School of Government. She has been with AAPLOG/ AAPLOG Action since June 2024 as the Director of Advocacy and Policy. https://aaplogaction.org/about-us/



Transportation will be available from many areas of the state. Contact the Missouri Right to Life State office @ 573.635.5110 for details. Visit <u>www.missourilife.org</u> for more Action Day information.

Join us for **The Chrism Mass**

at our Cathedral of St. Joseph in Jefferson City on April 15 at 3:00 p.m.



Please join us for a light meal after Mass:



RSVP online at: diojeffcity.org/Chrism-Mass-RSVP or scan the QR code





Travel with Fr. Alexander Gabriel Pastor of St. Peter Church - Fulton & St. Jude-Thaddeus Church - Mokane on our JUBILEE 2025: Pilgrimage to Italy & Poland

Where: Rome · San Giovanni Rotondo · Assisi · Krakow · Auschwitz · Lagiewniki · Czestochowa Trip Dates: October 26th - November 7th, 2025 Cost: \$5,999.00 - 13 Days - THIS PRICE INCLUDES AIRFARE FROM ANYWHERE IN THE U.S. For more information and the trip Itinerary visit: https://tinyurl.com/4kdy2xs4

> To register, please contact (855) 842-8001 or (508) 340-9370 You can also register online at www.proximotravel.com

For any questions or concerns please contact: Proximo Travel LLC PO Box 561 Auburn, MA 01501 Phone: (508) 854-8001 | Fax: (508) 854-8003 Email: office@proximotravel.com | Website: www.proximotravel.com

PRAYER. SILENCE. LECTIO DIVINA. **ENCOUNTERING** CHRIST RETREATS

On these silent retreats you can expect:

- Silence and a technology "fast"
- Four conferences given by a monk, intended to lead the retreatant to encounter Christ
- Participation in the Divine Office and Mass with the monastic community
- Specific times for personal prayer and lectio divina
- Adoration of the Blessed Sacrament and the Sacrament of Reconciliation

MEN'S RETREATS

Jan. 24-26, 2025 Feb. 21-23, 2025 (full) May 16-18, 2025 May 30-June 1, 2025 June 27-29, 2025

July 18-20, 2025 Aug. 29-31, 2025 Oct.17-19, 2025 Nov. 21-23, 2025 Dec.19-21, 2025

Jan. 17-19, 2025 Jan. 31-Feb. 2, 2025 Aug. 22-24, 2025 March 21–23, 2025 May 23–25, 2025 June 20-22, 2025

July 11-13, 2025 Sep. 12-14, 2025 Oct. 31-Nov. 2, 2025 Dec. 12-14, 2025

Pricing: \$250 per person. Retreat costs includes all the meals, a private room, linen and towels, and retreat director fee.

We are located in northwest Missouri: 37174 State Hwy V V | Conception, MO 64433

Scan the code to visit our website for more information!

WOMEN'S RETREATS



The Diocese is in the recruitment stage for summer missionary staff and they are asking for your help! They are looking for young adults who have the gift of sharing Faith with others; and would thrive in a Catholic community focused on growing in relationship with God. Each summer they hire at least 24 young adults to serve as Totus Tuus Missionaries and Camp Staff. For more information and for the application please go to: www.diojeffcity.org/summermissionaries



FINDING HOPE IN SUFFERING

A JOURNEY THROUGH THE SORROWFUL MYSTERIES

NA ALA MAL A ANALANA

WOMEN'S MINISTRY SPRING PILGRIMAGE

APRIL 5 9:30 A.M. – 3:30 P.M. DOORS OPEN AT 9AM

COST: \$15 LUNCH IS PROVIDED

SHRINE OF OUR LADY OF SORROWS 197 STATE HWY P, RHINELAND, MO

REGISTER AT diojeffcity.org/wm-springpilgrimage-registration

MEET OUR SPEAKER

Mary Lenaburg



Mary Lenaburg is a best-selling author, speaker, wife and mother sharing her testimony about God's redeeming love.

Mary has served her local parish as Liturgy Coordinator, youth ministry, and Confirmation catechist. She travels the country speaking to all age groups, sharing laughs and building faith.



JANUARY 2026

Young Adult Pilgrimage to Uganda

Lake

Albert

KAMPALA

JGANDA

Lake

Victoria

Young Adults (18-35) will have an opportunity to immerse in a different culture that practices the same Catholic faith.



sangani

\$2000 includes flights, ground travel, security, housing and some meals



More Info





Lake Turkana

(Lake Rudolf)

KENY

Kisumu

Apply Today

Application & Interview due by April 30, 2025



DIOCESE OF Jefferson City

diojeffcity.org/young-adult-pilgrimage/

Save the Date

MidWest March for Life



MISSOURI STATE CAPITOL LAWN Jefferson City, Missouri

Activities starting at 9:00 a.m. • Rally starting at 10:00 a.m.

March Immediately Following

Lunch Break followed by Holy Mass celebrated at Proto-Cathedral of Saint Peter by Bishop Edward M. Rice

Speakers:

David Bereit — Founder of 40 Days for Life Christina Bennett — Live Action Rebekah Hagan — Vitae Foundation

(More speakers to be announced)

WE ARE CALLED TO PROTECT LIFE

www.midwestmarchforlife.com 417-344-7118

Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you! Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember - if you don't tell us - we won't know!

Mass Intentions FOR THE WEEK

If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased

- Specific date (if any) please specify if the intention can be on a weekday or not.

Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the

Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.

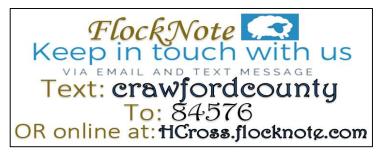
Homebound: If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.

Yoga Class on Tuesdays Offered at Holy Cross:

For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

"Heavenly Cleaner" Volunteers – Please Help:

Holy Cross has a group of volunteers called "Heavenly Sea Cleaners" that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family

members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or

bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of internment.

Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to

schedule. If you are planning a wedding, please contact Father Tony. There is a preparation that needs to be done 6 months prior to the wedding.

Funeral Dinners:



If you are interested in helping with FUNERAL LUNCH the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or

clean up! Please consider this ministry of the church so we can provide for our grieving families.

) Misa en español

CADA 1° Y 3° DOMINGO DEL MES. MASS IN SPANISH IS EVERY 1ST & 3RD SUNDAY OF THE MONTH



Remove from charging station.

The On button is on the top

Volume Control is on the front.

After Mass, wipe off unit and return to charging station.

Pope Francis Prayer Intention MARCH

For families in crisis

"Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences."



CubaKofC Membership Invite:

The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or louisraineri8920@gmail.com or Grand Wayne Kuethe.



MARCH 2025 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4) PROGRESSIVES ~ The Coverall Progressive is at **\$2,000.00** with 3 hot balls and a consolation prize of \$300.00. The **Second Progressive** will play out and pay **\$500.00, \$750.00 or \$1,000.00**.

QUEEN OF HEARTS ~ Will be over \$8,000.

RAFFLE ~ Every week at Bingo - you take the prizes home that night!!!!

CANNED FOOD DRIVE ~ Free 3 on with every can or box of food.

BLOOD DRIVE ~ Blood Drive at the KofC hall on March 10^{th} from 3 - 7 pm. Walk ins welcome!

MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Win a free gas card.

Numbers are: 184549, 184456, 184498 and 184511.



Altar Society meets every 2nd Thursday of the month at the Holy Cross Parish Hall. This organization coordinates and works on fundraising events that support our parish, school and youth group. They also help supply the liturgical needs of the parishes. All are welcome to attend and join! Please

contact Christy Moreland for more information.

HOLY CROSS CATHOLIC SCHOOL

Grades: Preschool (3 years old) – 2nd grade. HC School is an accredited school with Missouri certified teachers. It offers a Diocesan-developed curriculum in a Christian private school setting. HC School offers Title 1 tutoring for qualifying students. HC school has small class sizes and spacious classrooms.



Ways to Save for the Parishes:

- Turn in used **ink cartridges.** Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in Best Choice UPC codes found on the labels. Each UPC code is redeemable for 3¢ cents each.

Please deposit your Best Choice UPC codes and ink cartridges in the collection box in the church entrance or bring to the parish office.





Are you VIRTUS certified? Do you have your background check completed? Have you signed the Code of Conduct?

If you are not sure, or answered "no" to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hccccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VRITUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE TO PROTECT Child and Youth Protection

Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must



acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is

disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the Attorney General's clergy abuse online form. All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of **M** Jefferson City. To learn more simply visit cccnmo.diojeffcity.org/counseling



Starting Tuesday, January 7th, from 9 a.m. to 12 p.m., the group will gather at the **Golden Echoes Center** (401 N. Spring St., Steelville).

They will continue meeting there every Tuesday until St. Michael's Church renovations are complete.

All are welcome to join and help make quilts for those in need!

Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to

be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.

Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) "runs" the food bank and cooperates with the Life Line Pregnancy Center. Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry. **Crawford Country Mobile Food Market**



3rd Thursday of each month a une Always looking for Begins at 10:30 a.m. at the volunteers! Cuba Food Pantry Call today to help! **Local Food Pantry Hours:**

Cuba: (573-885-6703)

Thursdays 8:00 a.m. - 11:30 p.m. & 3:30 p.m. - 6:00 p.m. Fridays 8:00 a.m. – 11:30 p.m.

Steelville: (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

Feed the Hungry:

Our Local food banks are in need of food. The cost of food



has gone up! To help, there is a "food basket" in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.

Civilize it!

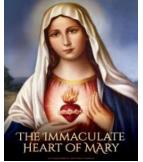
Our political discourse has become increasingly rancorous and bitter. The U.S. bishops began a campaign leading into the 2020 election to restore civility to our public and political discourse



called Civilize It: Dignity Beyond the Debate. The Missouri Catholic Conference highlighted the campaign last year with a special episode of MCC from the Capitol

with Archbishop Mitchell Rozanski. This year, the U.S. bishops are again challenging the faithful to answer Pope Francis' call to seek "a better kind of politics, one truly at the service of the common good." Civilize It: A Better Kind of Politics encourages people to commit to seeking the truth, building bridges, and finding solutions together that promote the common good. Individuals can sign the pledge, and sign up to receive additional materials, by visiting the USCCB Civilize It webpage. www.usccb.org/civilizeit

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and

feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantel of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another.

V. We seek refuge under your protection, O Holy Mother of God.

R. Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.



"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God." Philippians 4:6



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a

few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

https://www.thegodminute.org/wix-podcast-player

Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



https://diojeffcity.org/womens-ministry/

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bprasad@diojeffcity.org or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915

Please Listen to the Diocese of Jefferson City Podcast.



Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen



Jones about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at https://diojeffcity.org/podcast/ or use the QR code above.

Propane Offer:

Boland Energy Boland is willing to offer employees and



parishioners the **fixed rate of \$1.69**. This fixed rate will expire May 31, 2025. The only stipulations are: the delivery must be a

minimum of 250 gallons delivered at a time <u>and</u> customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word "Holy Cross".

Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teachers that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.

Engaged? Congratulations!

Our Marriage Ministries have programs just for you, scheduled throughout 2024. Learn more and register for a Pre-Cana Conference or Engaged Encounter at diojeffcity.org/marriage-preparation.

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Marriage Resources:

<u>Marriage preparation – USCCB –</u> www.usccb.org/topics/marriage-and-family-lifeministries/marriage-preparation

Marriage & Family Life -

www.archstl.org/marriage-family-life/ resources/sexuality

<u>Natural Family Planning</u> - www.diojeffcity.org/naturalfamily-planning-2/

<u>Pre-Marriage Inventory</u> © is a comprehensive, userfriendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.

www.foccusinc.com/foccus-inventory.aspx

<u>Prepare/Enrich</u> provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

<u>**Pre-Cana**</u> is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are a practical as well as a spiritual nature. www.diojeffcity.org/marriage-preparation/pre-cana-registration/

Prayer for Pope Francis

O God, shepherd and ruler of all the faithful, look favorably on your servant Pope Francis,

whom you have set at the head of your Church

as her shepherd;

grant, we pray,

that by word and example

he may be of service to those over whom he presides so that, together with the flock entrusted to his care, he may come to everlasting life.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit,



